

# Privacy Policy for Sowfully Living Life™

Last updated: September 1, 2024

## 1. Introduction

Welcome to Sowfully Living Life™ ("we," "us," "our"). We respect your privacy and are committed to protecting your personal data. This privacy policy explains how we collect, use, and share your personal information when you visit our website [www.sowfullylivinglife.com] (the "Site") or interact with us in any other way. It also describes your privacy rights and how the law protects you.

By accessing the Site, you agree to the collection and use of information in accordance with this Privacy Policy.

## 2. Our Website and Sowfully Living Life™

Sowfully Living Life™ provides information, resources, and services aimed at helping individuals grow in their spiritual and personal lives. Sowfully Living Life™ is the data controller responsible for this website and any handling of personal data carried out by or on behalf of Sowfully Living Life™.

## 3. How is Your Personal Data Collected?

We use different methods to collect data from and about you, including:

- Direct Interactions: You may provide your Identity, Contact, and Financial Data by filling in forms, or by corresponding with us via mail, phone, email, or social media. This includes when you:

- Sign up for our newsletter or request free resources.
- Make inquiries or request information.
- Create an account on our website.
- Order products or services.
- Engage with us on social media.
- Enter a promotion or survey.
- Contact customer service.

- Automated Technologies: As you interact with our Site, we may automatically collect Technical Data about your hardware, browsing actions, and patterns. We may also collect Tracking Data using cookies, server logs, and similar technologies.

- Third Parties: We may receive personal data about you from various third parties including analytics providers, advertising networks, and payment service providers.

#### 4. The Information We Collect and How We Use It

We collect information to provide and improve our services, respond to your requests, and communicate with you. The information we collect includes:

- Identity and Contact Data: Such as your name, email address, and other contact details.
- Financial Data: Such as payment card details.
- Technical Data: Such as IP addresses, browser type, and browsing actions.
- Usage Data: Information about how you use our Site and services.
- Marketing and Communications Data: Your preferences in receiving marketing from us.

We use this information for the following purposes:

- To manage your account and provide you with the services you request.
- To process and deliver your orders.
- To communicate with you about our services, including sending promotional offers.
- To analyze and improve our website and services.
- To comply with legal obligations and protect our legal rights.

#### 5. Withdrawing Consent

If you have provided your consent for us to contact you or collect data, you can withdraw this consent at any time by contacting us at [insert contact email].

#### 6. Cookies and Tracking Technologies

We use cookies and similar tracking technologies to monitor the activity on our website and hold certain information. You can instruct your browser to refuse all cookies or indicate when a cookie is being sent. However, if you do not accept cookies, you may not be able to use some features of our Site.

#### 7. Communications

We may use your personal information to contact you with newsletters, marketing or promotional materials, and other information that may be of interest to you. You can opt out of receiving these communications at any time by clicking the unsubscribe link in the email or by contacting us directly.

#### 8. Accessing and Updating Your Information

You have the right to access, correct, or delete any personal information we hold about you. To do so, please contact us at [insert contact email]. We will respond to your request as soon as possible.

## 9. Security of Your Information

We take reasonable precautions to protect your personal data. However, please note that no method of transmission over the Internet is 100% secure. While we strive to protect your personal data, we cannot guarantee its absolute security.

## 10. Links to Other Sites

Our Site may contain links to third-party websites that are not operated by us. We are not responsible for the content, privacy policies, or practices of any third-party sites. We encourage you to review the privacy policy of every site you visit.

## 11. Children Under 13

Our website is not intended for children under 13 years of age. We do not knowingly collect personal information from children under 13. If you believe we have collected personal information from a child under 13, please contact us so that we can take appropriate action.

## 12. Changes to This Privacy Policy

We may update this Privacy Policy from time to time to reflect changes in our practices or for other operational, legal, or regulatory reasons. Any changes will be posted on this page, and the updated Privacy Policy will be effective as of the date of posting.

## 13. Your Legal Rights

Depending on your location, you may have certain rights regarding your personal data, including the right to access, correct, delete, or restrict the use of your data. If you wish to exercise any of these rights, please contact us at [insert contact email].

## 14. Contacting Us

If you have any questions about this Privacy Policy or our privacy practices, please contact us at:

Sowfully Living Life™  
1178 Broadway, 3rd Floor #3580  
New York, NY 10001  
United States

## 15. Keeping Your Information Accurate

Please ensure your personal data is accurate and up-to-date. You can update your account information on our Site or contact us to make any necessary changes.